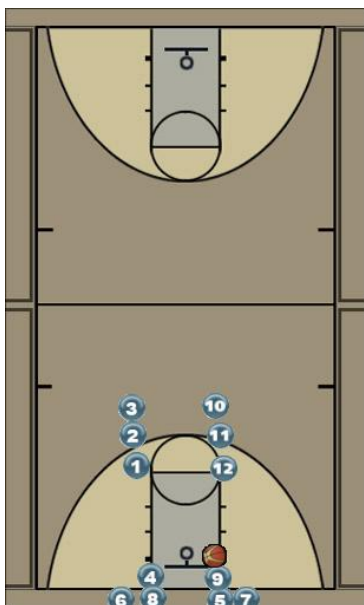


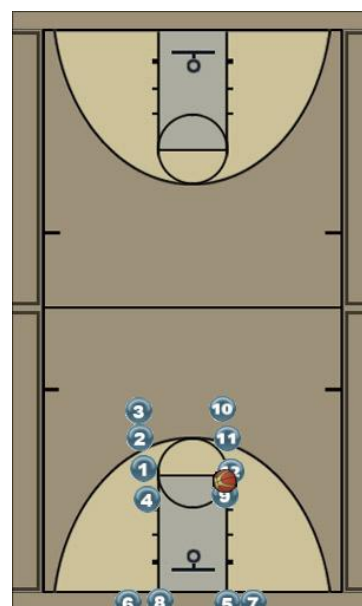
## WAR Rebounding

### Movement 1

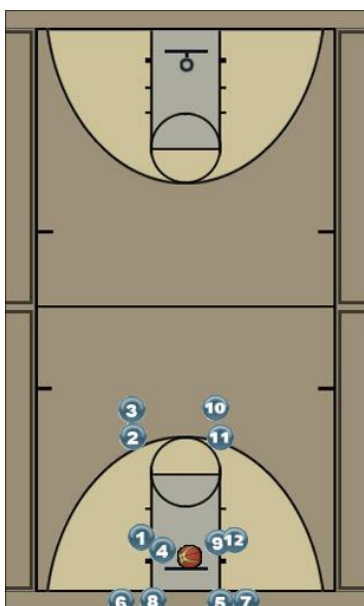


Players partner up by size. Bigs with Smalls. Smalls with Bigs. Medium with Medium.

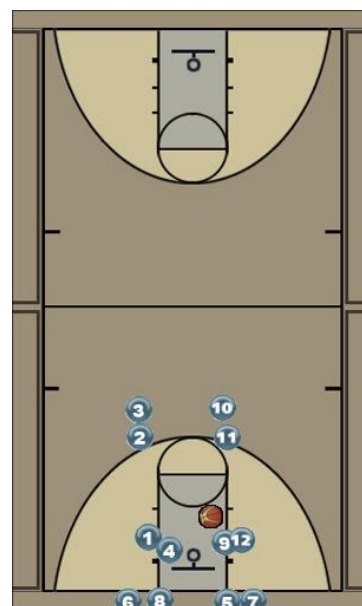
### Movement 2



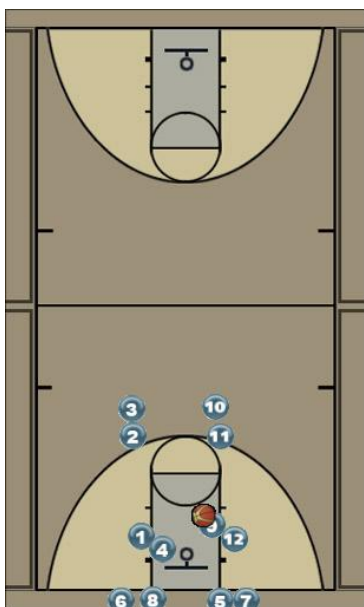
### Movement 3



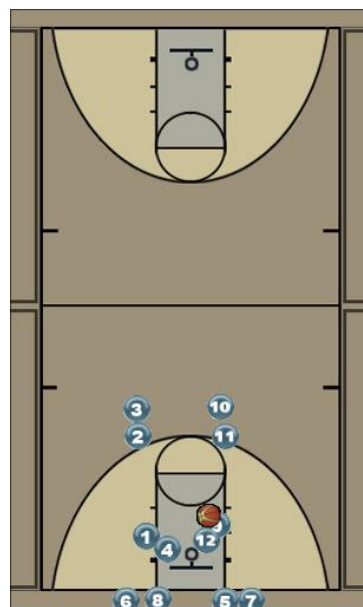
### Movement 4



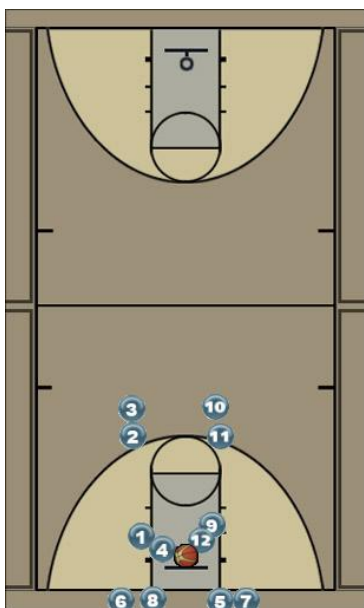
## Movement 5



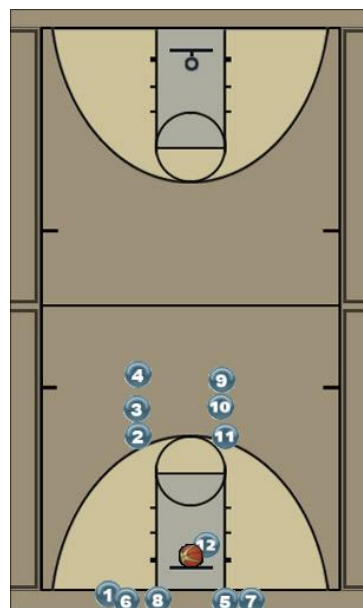
## Movement 6



## Movement 7



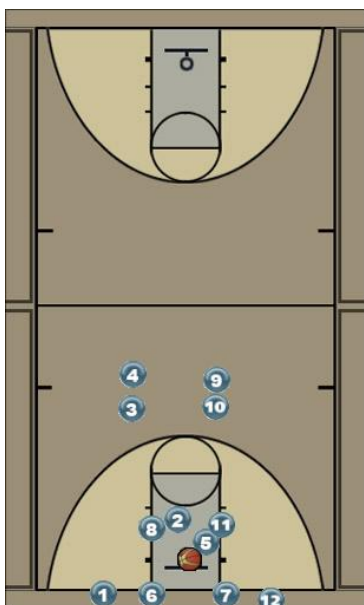
## Movement 8



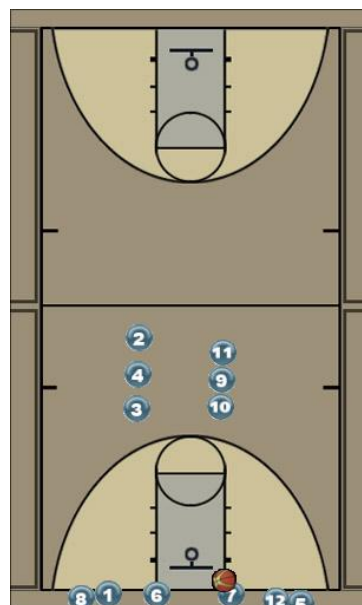
A diagram of a basketball court showing player positions for a 12-player drill. The court is divided into two halves. In the top half, a player (1) is at the center circle, and a player (2) is at the top of the key. In the bottom half, players 3, 4, 5, 6, 7, 8, 9, 10, 11, and 12 are positioned around the key and the three-point arc. A red ball is located near player 5.

A diagram of a basketball court showing player positions for a 12-player team. The court is divided into two halves. The top half shows the backcourt with players 4, 3, 9, and 10. The bottom half shows the frontcourt with players 8, 2, 11, 5, 1, 6, 7, and 12. A basketball is shown near player 2.

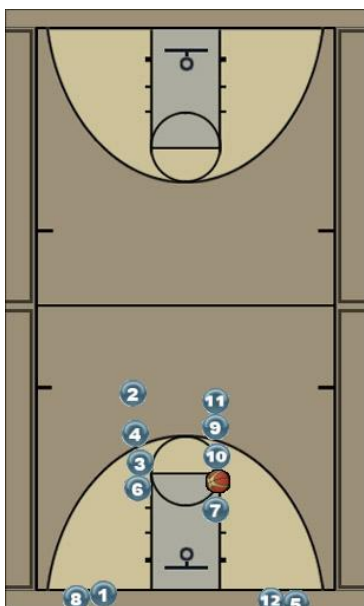
## Movement 13



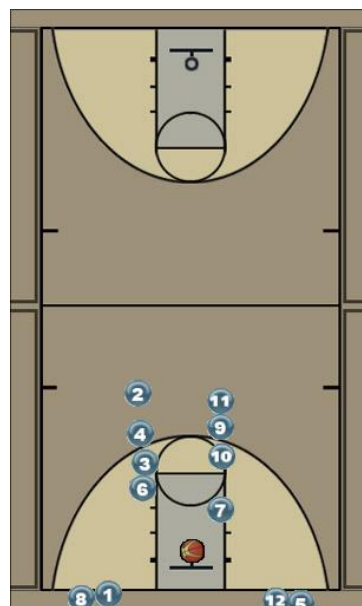
## Movement 14



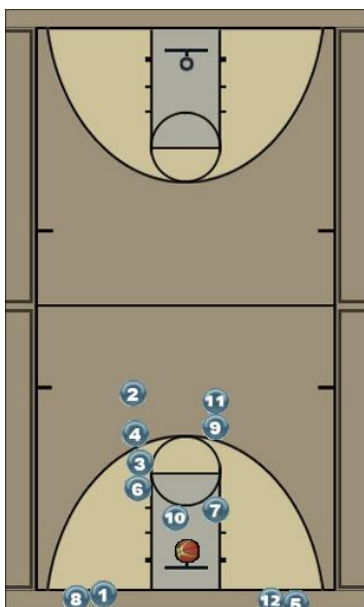
## Movement 15



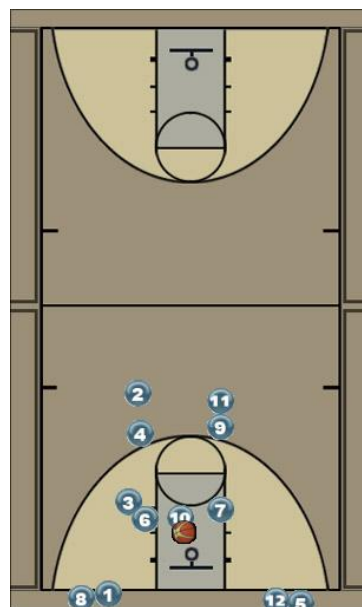
## Movement 16



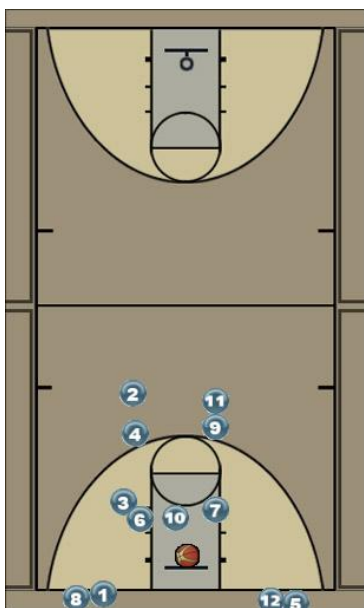
**Movement 17**



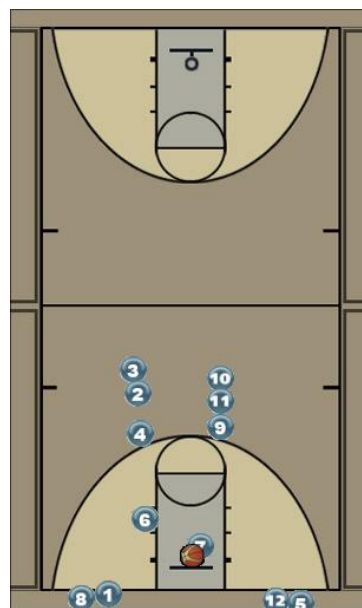
**Movement 18**



**Movement 19**



**Movement 20**



## Movement 21

