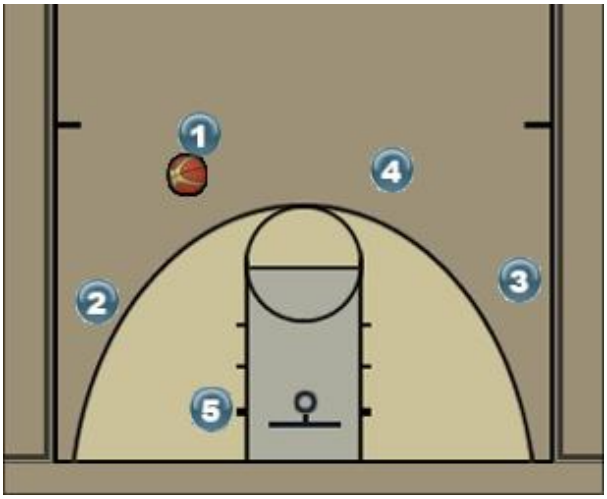
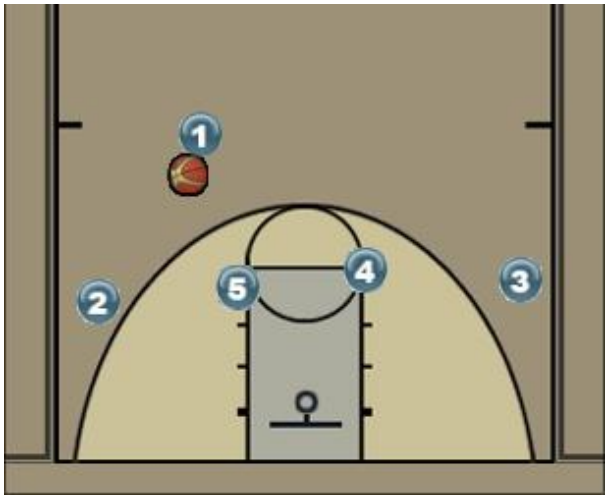
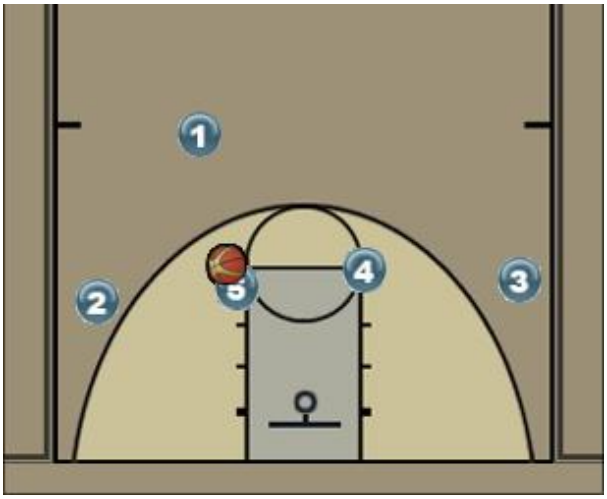
Movement 1



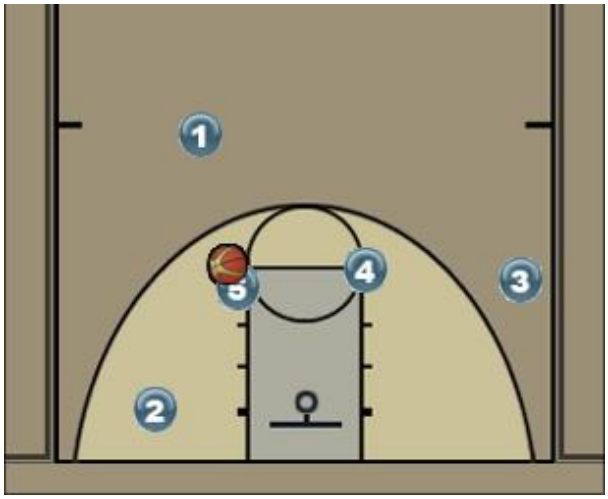
Movement 2



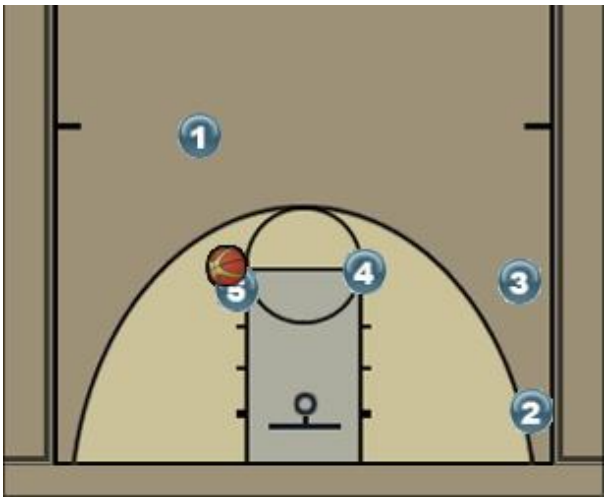
Movement 3



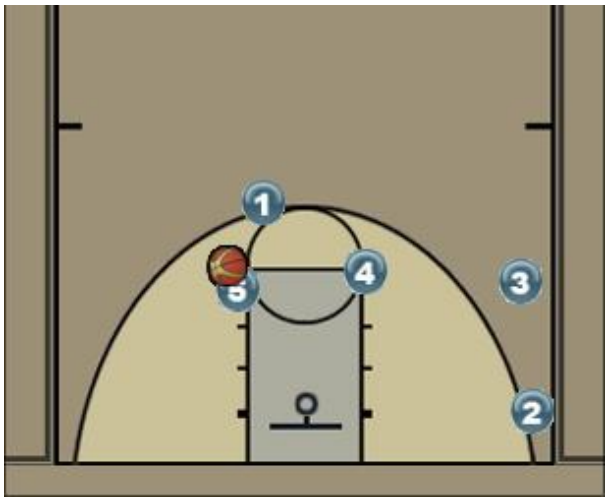
Movement 4



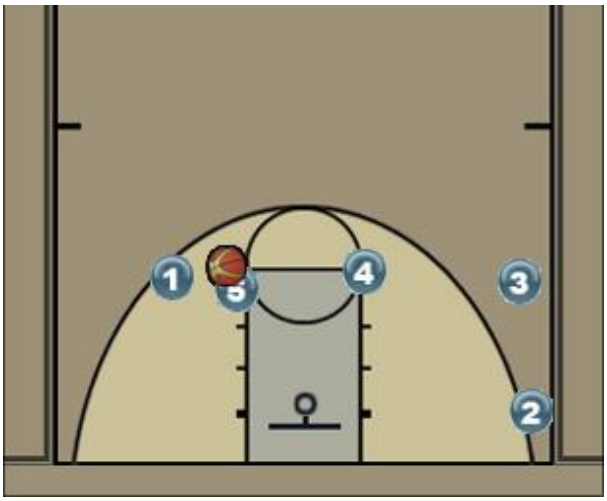
Movement 5



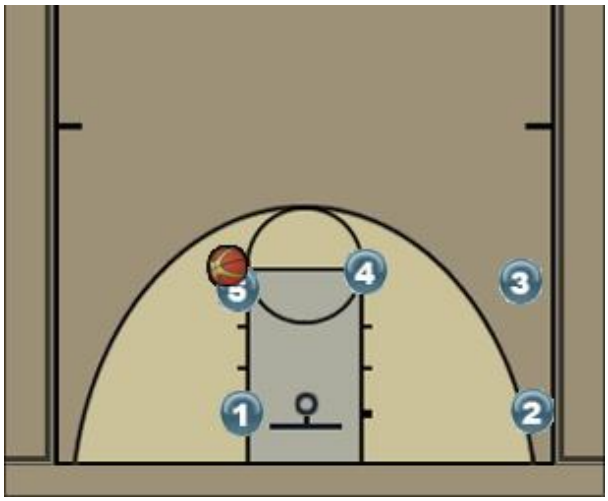
Movement 6



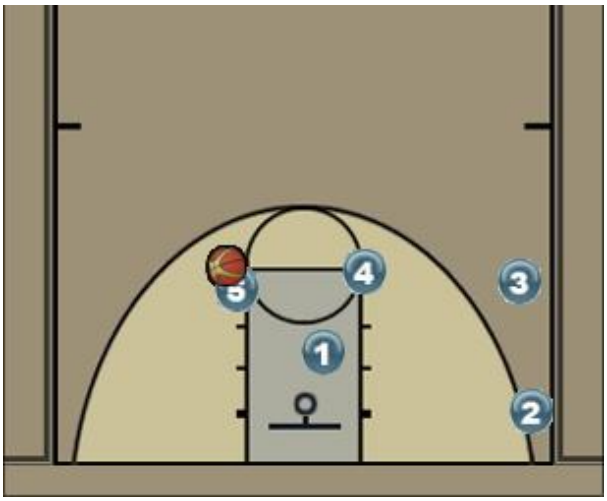
Movement 7



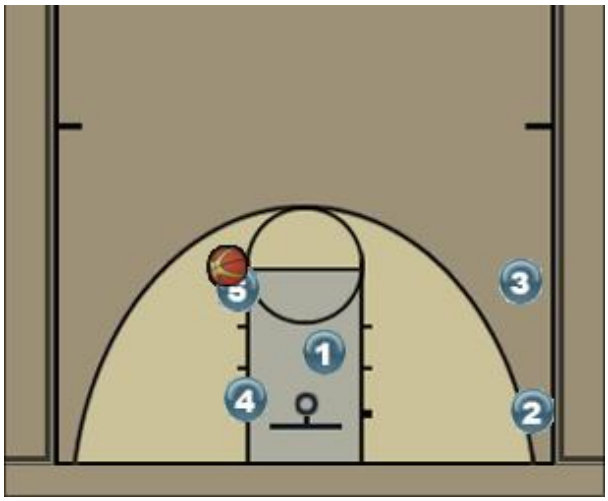
Movement 8



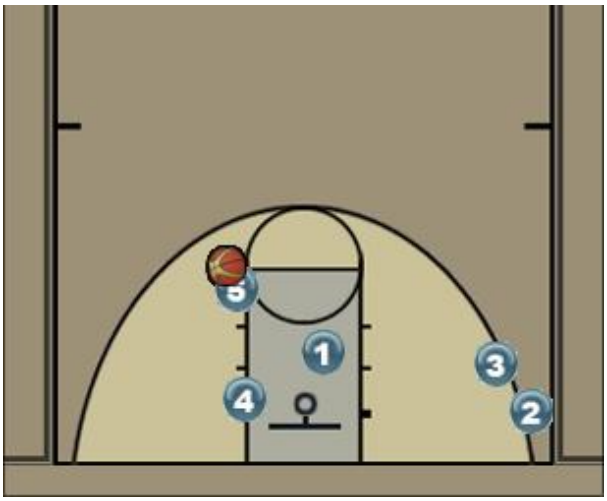
Movement 9



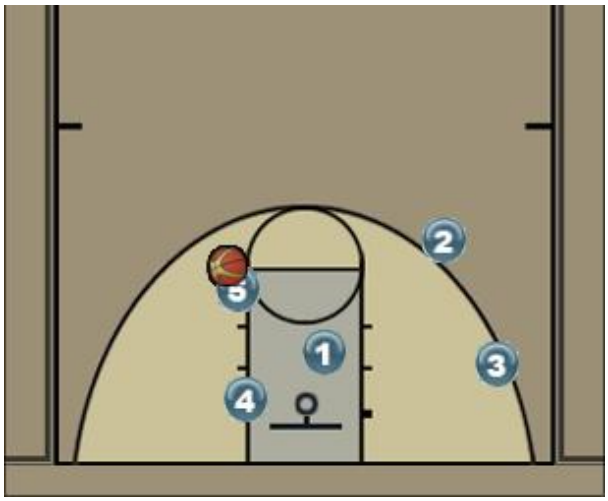
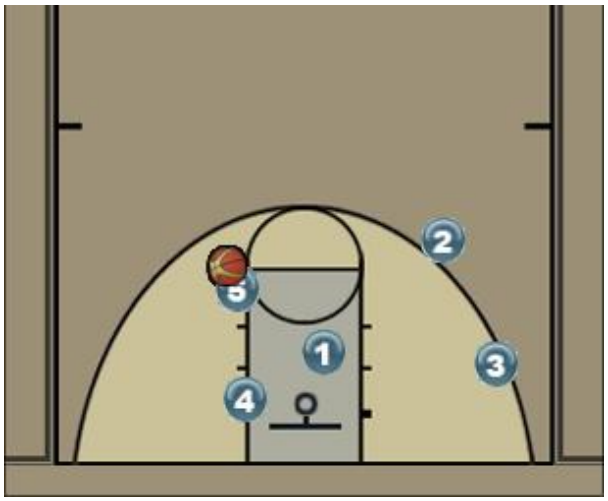
Movement 10



Movement 11



Movement 12



Movement 13