hoopcoach
WWW.HOOPCOACH.ORG

5 out

5 out

Movement 2

Movement 3

Movement 4

Movement 5

Movement 6

Movement 7

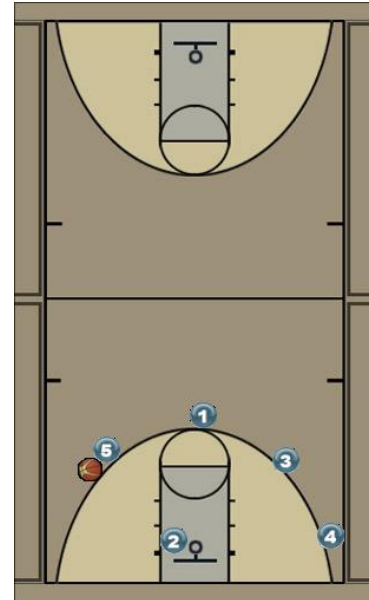## Movement 8

Movement 9

Movement 10

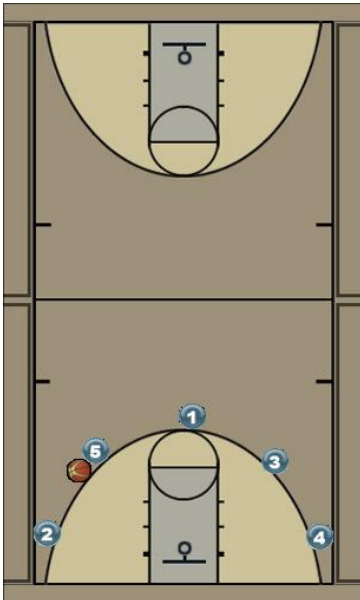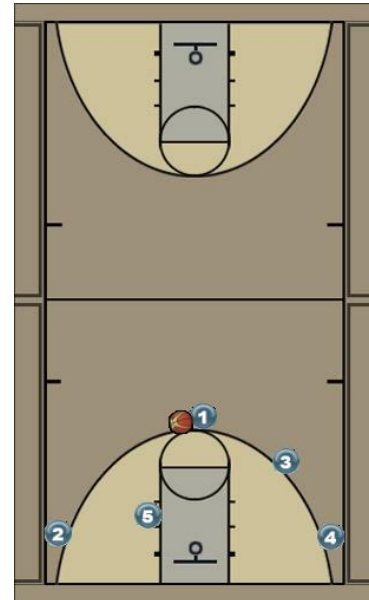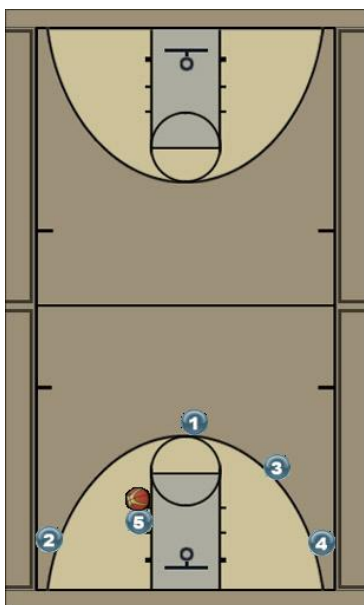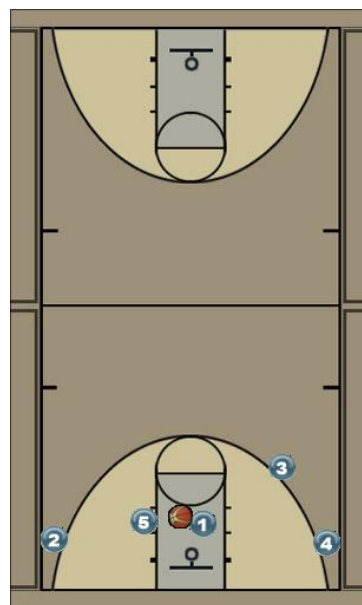# Movement 11

Movement 12

Movement 13

Movement 14

Movement 15