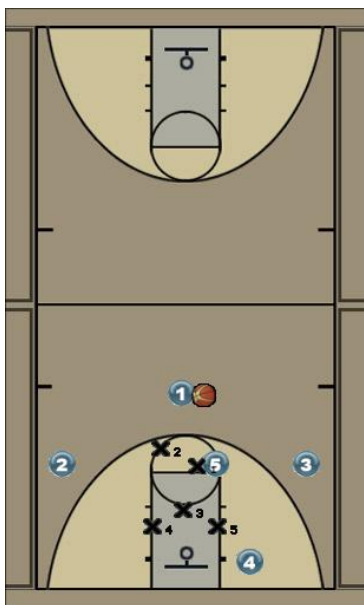


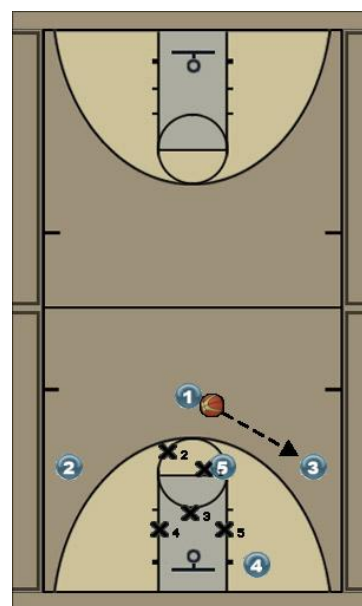
## Cougar 2-3 Zone Offense

### Initial Set

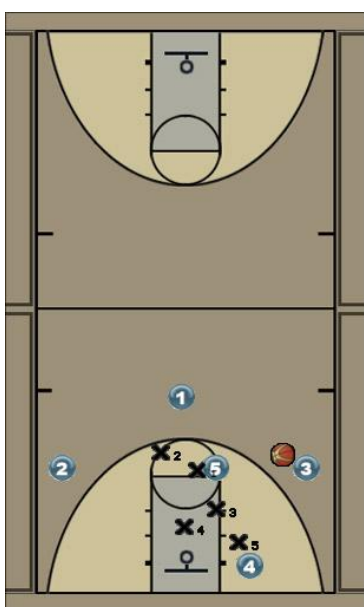


Cougar works from a 1-3-1 set. This offense limits dribbling. Player movement is dictated by the ball.

### Wing Pass

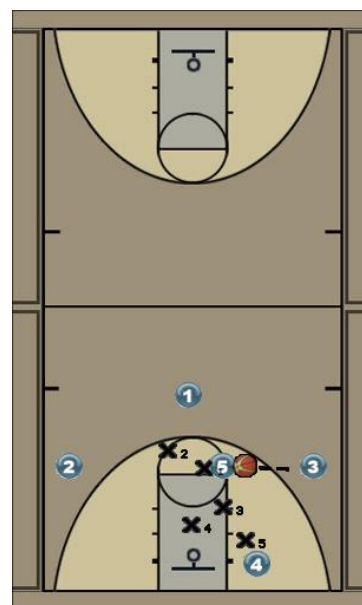


### Wing Pass 2

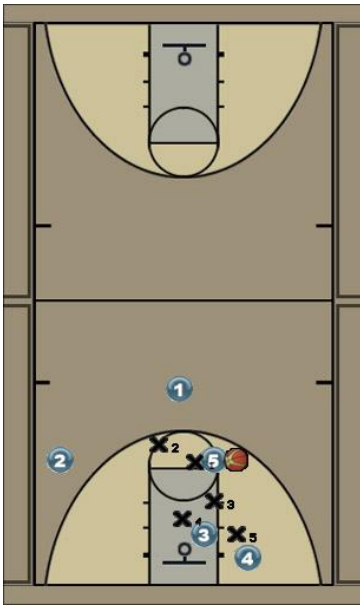


Pass to wing results in 5 and 4 coming to ball side. 5 can work elbow to mid-lane. 4 works short corner primarily, but can come out to corner if needed.

### Elbow Pass

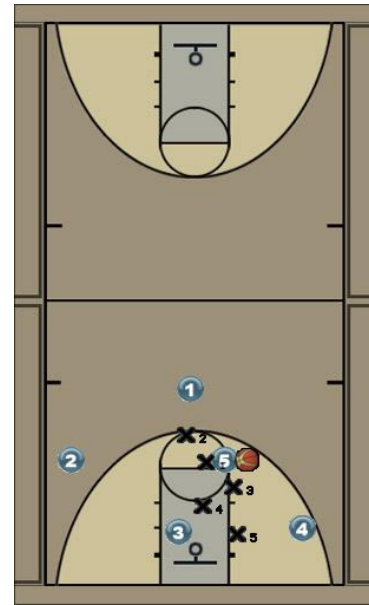


## Elbow Pass 2



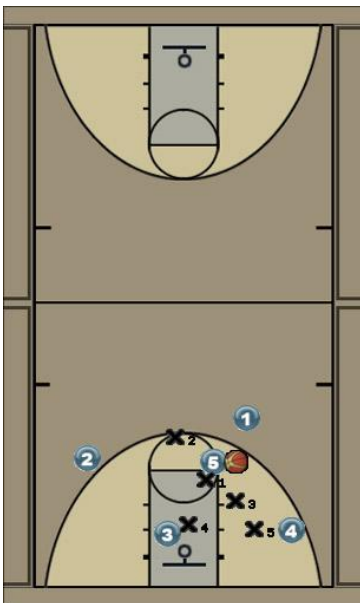
A pass to the 5 man from the wing results in an automatic cut to the basketball by wing.

## Elbow Pass 3



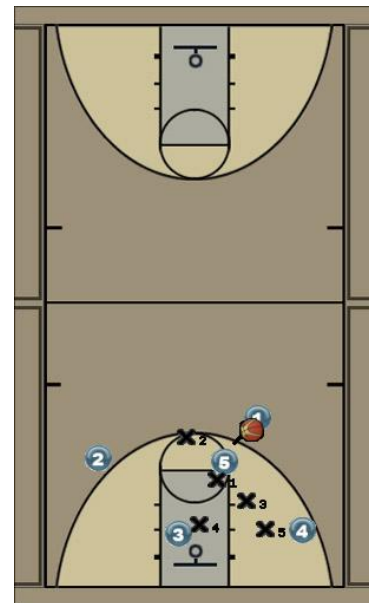
As wing cuts, 4 (our baseline runner) pops out for medium range jump shot possibility.

## Elbow Pass 4

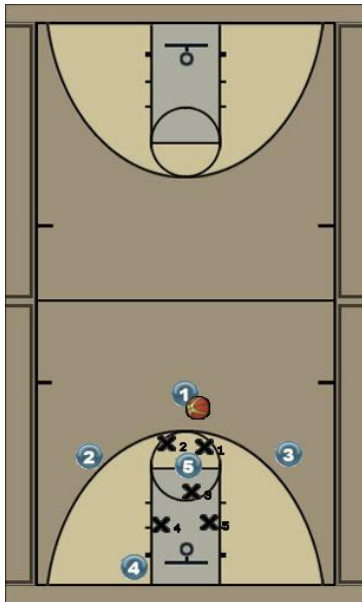


If pass or shot not available we go back to the point guard.

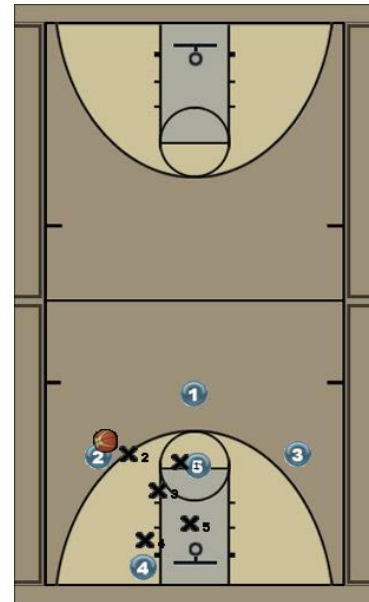
## Elbow Pass 5



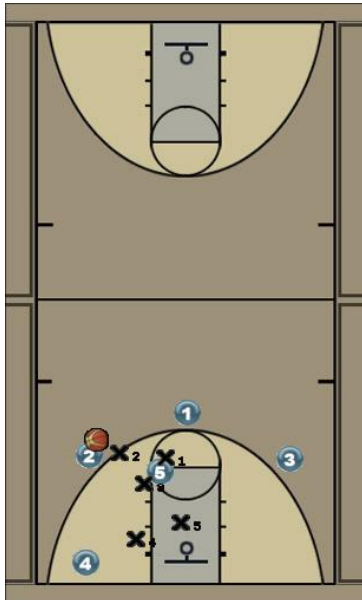
### Elbow Pass 6



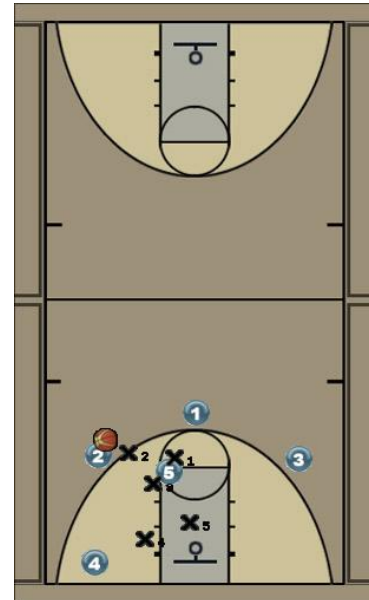
### Wing Pass B



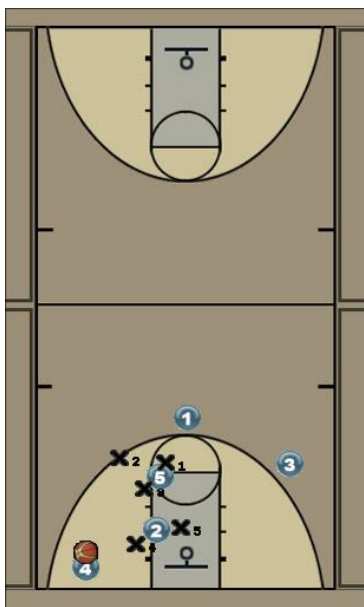
### Wing Pass B2



### Wing Pass B3

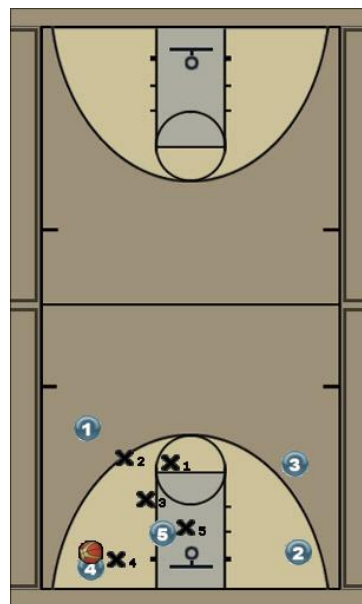


## Wing Pass B4



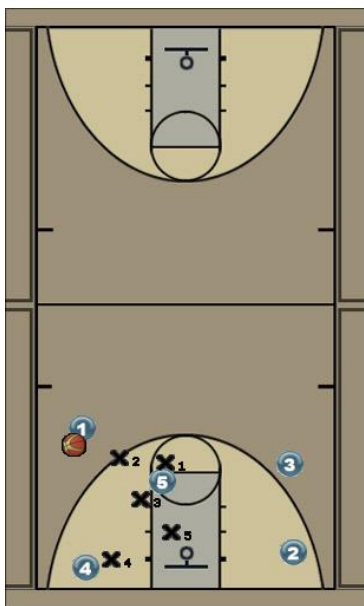
If 2 makes the pass to baseline runner he cuts to basket.  
This is where we get a lot of easy shot opportunities.

## Wing Pass B5



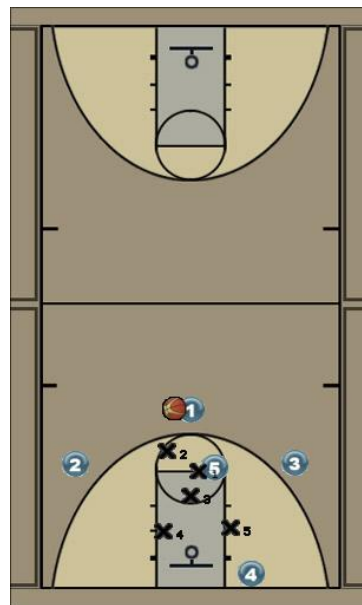
5 drops when 2 clears out for entry pass.

## Wing Pass B6

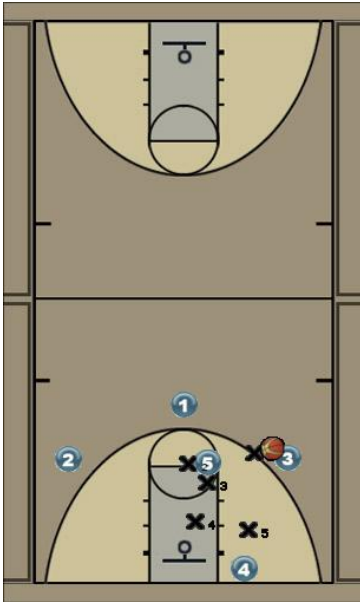


If low post pass is not open 4 goes back up top for reset.

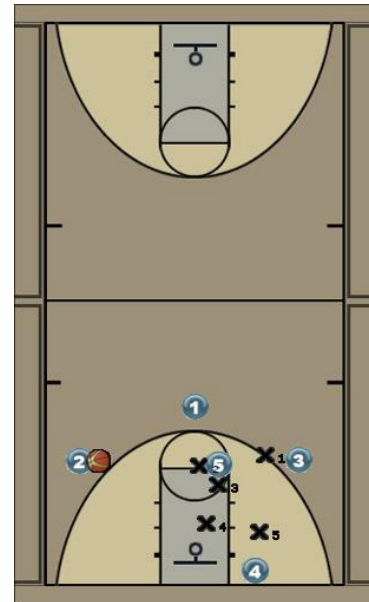
## Reset 2



## Wing Pass C1

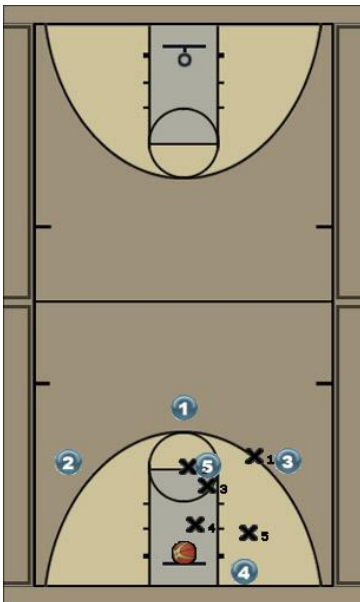


## Wing Pass C2

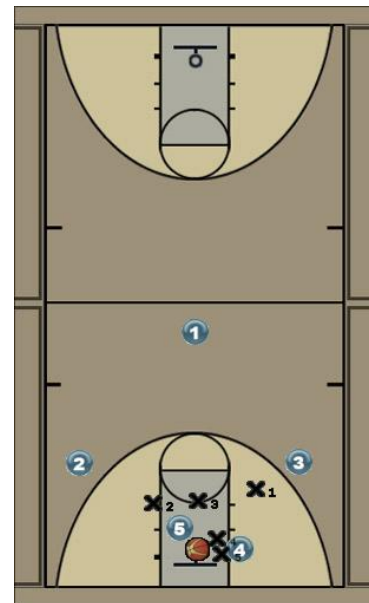


Skip pass is always an option.

## SHOT!



## Notes



This offense is designed to prevent fast breaks as well as two perimeter players will always be outside.