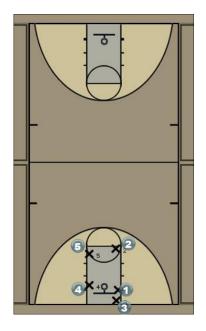
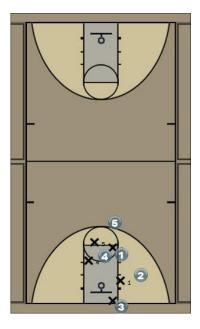


## Cross Movement- Chin1

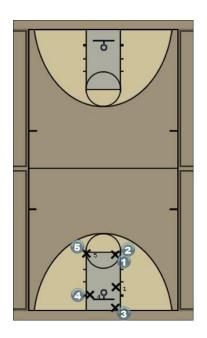
## **Movement 1**



## **Movement 3**



## **Movement 2**



**Movement 4** 

